



# ZEN Vibes April 2023

## President's Corner



It is with great pleasure that I write to you for this month's President's corner. On April 15<sup>th</sup> we celebrate the culmination of 5 years of hard work setting the foundation for what we know today as Zeta Epsilon Pi Military Wives Sorority, Incorporated. It is because the sisters of ZEN have taken a sacred oath to join and build a sisterhood that bonds women together, uplifting and respecting one another. It is my hope that historians will one day describe the significant contributions of the organization and the impact we had on families. What began as an idea of the Founder's soon blossomed into an organization that, even in its toughest times, persevered to continue its mission of serving the public. As they say, only the strong will survive. Well, the sisters of ZEN continue to show their strength via community service and fundraising projects. April 15<sup>th</sup> is Founder's Day where we recognize the great work the founders began five years ago! Won't you join us? Come on over to the fuchsia side. We welcome you!

Madame President Smith



## Reminders:

April is:

- Earth Month
- Stress Awareness Month
- Alcohol Awareness Month
- Autism Acceptance Month

Please make time for self-care this month.

## April Community Service-

- Haven House- 4/22

## Important Dates-

- April 2 Palm Sunday
- April 9 Easter Sunday
- April 15 Founder's Day
- April 21 Last day of Ramadan
- April 22 Earth Day
- April 22 ZEN Monthly Meeting (closed to the public)

## Birthdays and Anniversaries

### Happy Anniversary

April 7- Sis. Erwein Petty and Bro. Vince Petty.

Sis. Quante Hopkins and Bro. Kortez Hopkins

### Happy Birthday

April 15- Sis. Pamela Adams





*If you are interested in serving your community, consider joining the ladies of Zeta Epsilon Pi Military Wives Incorporated. Please contact the Director of Intake, Soror Johnson at [zenpower57@gmail.com](mailto:zenpower57@gmail.com) or 678-870--4013*

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## Quote of the Month

*Spread love everywhere you go. Let no one ever come to you without leaving happier.*

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### Member Spotlight:



This month we highlight one of our Founders, Madame Founder Taïdo. Madame Founder Taïdo founded ZEN April 15, 2018 as the Cinco of her line: **Tranquility**. Madame Founder Taïdo is from Chicago, Illinois. She founded ZEN because she wanted to bring likeminded women together for sisterhood and community service. Madame Founder Taïdo has one daughter and has been married to her husband Arthur for 9 years. Madame Founder Taïdo finds motivation in envisioning the success of a project.

### **Veterans Outreach-**

The brave men and women of our military travel around the world to defend the freedom we enjoy at home. So it's only right that when they return, we bring the services and support they need, to those veterans where they live. Our information seminars give veterans the help they need to file and receive VA claims, as well as everyday support as they take back normal life. And for some vets, the situation is more urgent. DAV's outreach to homeless veterans, and our disaster relief grants, lend a helping hand to those veterans who face additional hurdles in their return to life at home.

For more information please visit <https://www.veteransinc.org/services/outreach/>

## March Community Service Review “Meals on Wheels”

With hunger on the rise, there is a high demand for meals that’s putting a strain on some families. Meals on Wheels has a team of chefs and dieticians that prepare meals to fit the dietary restrictions for the elderly community and those with low income around the country.

On March 25, 2023 the ladies of Zeta Epsilon Pi, were able assist Meals on Wheels by delivering these nutritious meals to the community.

