



ZEN Vibes March 2023

President's Corner



March 8, 1911 served as the first observance of International Women's Day. In 1980 Georgia's own, President Jimmy Carter, issued the first proclamation declaring National Women's History Week. And through the power of women joining together with a united voice, in 1987 Congress designated March as National Women's History Month. This year's theme is, "Celebrating Women Who Tell Our Stories." We celebrate National Women's History Month to remind ourselves of the many accomplishments of women in science, technology, engineering, mathematics, culture, politics, and society. I want you to think about how long women have been fighting for the right to vote, for proper healthcare, and for equality in the boardroom. We, as women, continue to fight even in the 21st century when Roe v. Wade was overturned. Whatever your position, the question remains, why is this still a topic decided by America's elected officials versus the families whose life will be impacted by the outcome? Zeta Epsilon Pi, continues the fight for equality through our united voices, our community service and through the diversity of our members. As an organization of women supporting women and children, we will continue to tell our story while celebrating our accomplishments. I want to thank the Ladies of ZEN who tirelessly give of their time, their talents and their resources to help make Zeta Epsilon Pi Military Wives Sorority, Inc a wonderful organization with which to connect. Please help us continue the progress we have made by becoming a member or sending a donation so we can continue delivering our mission.

Madame President Smith



Reminders:

March is:

- Endometriosis Awareness Month
- National Nutrition Month
- Red Cross Month.

Please make time for self-care this month.

March Community Service-

- Meals on Wheels- 3/25

Important Dates-

- March 3 Caregiver Appreciation Day
- March 8 International (working) Women's Day
- March 11 ZEN Monthly Meeting (Closed to the public)
- March 17 St. Patrick's Day
- March 20 Earth Day

Birthdays and Anniversaries

March 14- Happy Anniversary to our President Madame Founder Star Smith and Bro. Deryk Smith





If you are interested in serving your community, consider joining the ladies of Zeta Epsilon Pi Military Wives Incorporated. Please contact the Director of Intake, Soror Johnson at zenpower57@gmail.com or 678-870--4013

Quote of the Month

*Respect for ourselves guides our morals,
Respect for others guides our manners.*

Member Spotlight:



This month we highlight one of our newest Sorors Chessa. Soror Chessa joined ZEN October 22, 2021 as the TR3 of her line: **UNITY**. Soror Chessa comes to us from Claxton, GA. She joined ZEN because she wanted to have a sisterly bond, friendships more learning opportunities and give back to the community. Soror Chessa has four daughters and has been married to her husband Kavan for two years and five months. Soror Chessa's motivation is driven by seeing progress in our organization and the community.

Veterans Outreach-

The brave men and women of our military travel around the world to defend the freedom we enjoy at home. So it's only right that when they return, we bring the services and support they need, to those veterans where they live. Our information seminars give veterans the help they need to file and receive VA claims, as well as everyday support as they take back normal life. And for some vets, the situation is more urgent. DAV's outreach to homeless veterans, and our disaster relief grants, lend a helping hand to those veterans who face additional hurdles in their return to life at home.

For more information please visit <https://www.dav.org/outreach-programs/>

February Community Service Review “Operation Feed the Homeless”

The homeless population in Atlanta is at an estimated 2,017 as of December 2022. With a majority of the population being black males. More than a third, 37%, reports a mental illness and 20% reported are Veterans or have a substance abuse problem.

On February 25, 2023 the ladies of Zeta Epsilon Pi, were able to feed 150 people of the homeless population and those on the road to recovery at St. Judes Recovery Center and the Atlanta Recover Center. In addition to providing sack lunches, we also provided socks and blankets to those in need.

