

# ZEN Vibes February 2023

# President's Corner

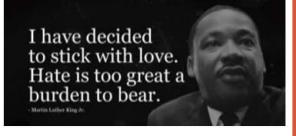
As we enter Black History Month, we remember the talented African American women who have come before us serving as trailblazers in multiple career fields including Science, Healthcare, Engineering, and Finance. People like Mary Kenner, inventor; Shirley Chisholm, US Congresswoman; Byllye Yvonne Avery – Activist (Healthcare); and Bianca Laureano – Sexologist remind us how important it is to serve our community and what it means to contribute to improvements for humanity.

This year, the ladies of Zeta Epsilon Pi will focus on therapeutic and mental health; financial wealth and improved family relationships strengthening the bond and love for us and for those with whom we can make an impact. We are focused on carrying the torch for women to follow for generations to come.

Sincerely,

Madame Founder Reisho, President





#### **Reminders:**

#### February is:

- Black History Month
- American Heart Awareness Month
- National Cancer Prevention Month.

Please make time for self-care this month.

### February Community Service-

Project feed the homeless-February 25. Please gather all blankets and socks that you would like to donate. All donations are due by February 25.

#### Important Dates-

- Feb. 11 Chapter Meeting (closed to the public)
- Feb. 14 Valentine's Day
- Feb. 18 ZEN Open House
- Feb. 20 President's Day
- Feb. 22 Ash Wednesday

### **Veterans Outreach-**

The Veterans Outreach organization has developed a program to provide aid to all Veterans. For more information, please visit https://veteransoutreach.org/



If you are interested in serving your community, consider joining the ladies of Zeta Epsilon Pi Military Wives Incorporated. Please contact the Director of Intake, Soror Johnson at <a href="mailto:angela01@gmail.com">angela01@gmail.com</a>

## Quote of the Month

Respect is earned. Honesty is appreciated. Trust is gained. Loyalty is returned.

## Member Spotlight:

This month we highlight one of our newest Sorors. Soror Bliss joined ZEN September 10, 2022, as the Ace of her line: **Equanimity**. Soror Bliss comes to us from El Paso, TX. She joined ZEN because she wants to highlight the role of a military wife. Bliss says, "The Army calls NCO's (non-commissioned officers) the backbone of the Army, but truly I believe that the wives are it! We keep it together at home so that the service members can focus on their mission." Soror Bliss and her husband Myral have two kids and has been married for 20 years. Soror Bliss and her family generously opened their home in January to host the ladies of ZEN and their spouses for a fellowship event. Soror Bliss credits not only her husband and kids, but also her parents and siblings as her daily motivation.

