

ZEN VIBES



SEPTEMBER 2022

Happy Birthday to the President / Founder of Zeta Epsilon Pi Military Wives Sorority! 9/1



- **Happy Birthday to Soror Judi Burke 9/22**



Laughter for the Soul

What did the wife say when the Doctor said, “It’s time, the baby is Coming”?

A: “That’s impossible, Labor Day is in September.”



September 11, 2022

National Day of Service and remembrance for our



Suicide Prevention Awareness with the VA

Veterans in crisis may show behavior that indicates high risk of self-harm.

Those that are suicidal may show changes in their mood / activities,

Increase the intake of alcohol or drug use. The individual would withdraw from family and friends; Show signs of hopelessness and agitation.

The goal for the month of September is to reach out to those affected by suicide by raising awareness for the cause.