ZEN VIBES

AUGUST, 2022



Back to School Bash



Education is the most powerful weapon,
Which you can use to change the world.
Nelson Mandela



Education is not preparation for Life.
Education is Life itself.



Laughter for the Soul

Which parent knows if you are running late?

Father Time.

Did you hear how Cap'n Crunch died? Yeah, it was a cereal killer.

Food for Thought

Maturity doesn't happen with age.
With Growth comes Maturity.

Maturing is realizing how many things don't require your comment.
- Rachel Walchin

Asbestos Exposure in the US

Asbestos exposure has been a problem for the United States and the military branches.

During World War II, the war in Korea and Vietnam, these branches heavily relied on asbestos.

Military asbestos exposure has caused thousands of veterans to develop lung cancer or mesothelioma after retirement.

This toxic mineral dust can remain in the air for hours, placing anyone in danger of inhaling or ingesting it.

If you are veterans or know someone that was exposed to Asbestos, contact www.osha.gov/asbestos





Sisterhood symbolizes all that we wish to accomplish in our lives. It represents the struggles we all face as we grow. Why we cling to it no one can explain, but in the end, we are all stronger for it.

* Sisters are the ones who have your back through thick and thin.

* Sisters are the ones who know you through and through and love you anyways.

Divine Sisterhood

