



Zeta Epsilon Pi Military Wives Sorority Inc.

ZEP Vibes

October is
Breast Cancer
Awareness Month



Hope. Support. Strength.

Celebrating those who are survivors...

Gladys Benford

Anita Garrett

Angela Brown

Angela Johnson

Beulah Burks

Lula Mae Kemp

Evelyn Chase

Lilliemae Manigault

Honoring those we have lost...

Louise Bacon Bryson

Rosary Bacon Galbreath

Sonji Brown

President's Corner

As we enter October, Breast Cancer Awareness Month, I think about a friend of mine who is a survivor. She was sharing a story with me about something that happened to her during recovery but ended by saying, "but I don't want to talk about that!" I challenged her and said, "keep in mind that your test can be your testimony and you may be blessing someone else with your message". I have shared the same line with others. Sometimes, people within earshot of the conversation confirm how they are blessed by the information they overheard. Keep that in mind as you tackle some of the big hurdles you face. Instead of struggling in silence, reach out and seek assistance from a specialist or someone who has "survived" the experience. Remember, it is okay to not be okay!

Sincerely,

Madam Founder Reisho, President



Quote of the Month:

"If you smile when you are alone, then you really meant it!"

-Andy Rooney

Birthdays and Anniversaries

Oct 3rd - Happy Birthday Soror Shanti

Oct 19th - Happy Anniversary Madam Founder and Brother Allen

Other Noteworthy News!



This month we want to highlight Soror Trumbo! Hailing from Lexington, Kentucky; Soror Trumbo joined Zeta Epsilon Pi as the Tr3 for her line B.L.A.Z.E. in the Spring of 2021. She joined ZEN because she was missing something in her life. She lost two of her sisters and has been able to fill that void with her sisters in ZEN. If you know her, you know she is a ball of energy and a lover of life!



Tickets are now on sale!!!

ZEN presents our Bi-Annual Charity Ball on October 14th.

We are taking it back to the 40's with Harlem Nights!

Please scan the QR code or see any member to purchase tickets.

If you want priority consideration or to reserve a table, please contact zetaepsilonpi@gmail.com



Veterans Outreach

Mission 22 provides support to Veterans and their families when they need it most: right now. Through a comprehensive approach of outreach, events, and programs, we're promoting long-term wellness and sustainable growth.

<https://mission22.com>



If you are interested in serving your community, consider joining the ladies of Zeta Epsilon Pi Military Wives Sorority Incorporated

Please contact the Director of Intake,
Soror Johnson

zenpower57@gmail.com or (678) 870-4013



Resources for Breast Cancer Awareness and Mental Health

Breast Cancer Awareness Month

www.nationalbreastcancer.org

10 Websites That Promote Mental Health and Well-Being for Women

www.makeuseof.com/mental-health-for-women-websites/

September Community Service

This month we were able to get double community service in. First we delivered a gift basket of school supplies to Ms. Washington at Colony Elementary School. Then we were able to serve at Hope House. An organization that provides care for children with special needs, and their families.

