



# ZEN Vibes June 2023

## President's Corner



Can you believe that we are already half way through the year? Time passes quickly when you are having fun! This year, the Ladies of Zeta Epsilon Pi Military Wives incorporated certainly had a great time especially as we continue to grow. We are sisters with goals! This year, we are working to fortify our physical health, increase our financial wealth and strengthen our family relationships. We continue to support families with a focus on women and children who need a little help. If you have a heart for empathy and want to give back to your community working along strong, intentional, like-minded women, consider coming to the fuchsia side. You will be glad you did.

Madame President Smith



## Reminders:

June is:

- Alzheimer's Awareness Month
- Immigrant Heritage Month
- Gun Violence Awareness Month

Please make time for self-care this month.

## June Community Service-

- Disaster Health Kit Packing- 6/24

## Important Dates-

- June 3 Gun Violence Awareness Day
- June 8 World Ocean Day
- June 19 Juneteenth
- June 20 World Refugee Day

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## Birthdays and Anniversaries

Happy Anniversary

Happy Birthday

6/23- Sis Erwein Petty

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*If you are interested in serving your community, consider joining the ladies of Zeta Epsilon Pi Military Wives Incorporated. Please contact the Director of Intake, Soror Johnson at [zenpower57@gmail.com](mailto:zenpower57@gmail.com) or 678-870--4013*

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## Quote of the Month

*“There is always light. If only we’re brave enough to see it. If only we’re brave enough to be it.” Amanda Gorman*

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## Member Spotlight:



This month we highlight Soror Paz. Soror Paz is the Ace of her line: **UNITY**. Soror Paz is from Queens, NY. Soror Paz has been married to her husband Douglas, for 26 years. Soror Paz is motivated by her family. Soror Paz joined ZEN to have a connection to a sisterhood and to bond with women who have a lot of the same experiences that she has.

### **Veterans Outreach-**

The Armed Services YMCA is proud to work with the Department of Defense to offer the Military Outreach Initiative. The Military Outreach Initiative offers gym memberships and respite child care services for qualified military members and families nationwide. Through this initiative, military members and families receive access to vital resources that promote mission readiness and family resilience

<https://www.asymca.org/ymca-dod-military-outreach-initiative>

## May Community Service Review "The Table on Delk"

On May 20, 2023 the ladies of Zeta Epsilon Pi, were able assist The Table on Delk by preparing 80 sack lunches for their afterschool program. The sack lunches were delivered to The Table on Delk on May 25, 2023.

