



# ZEN Vibes May 2023

## President's Corner



Oh, what a great celebration it was! Last month we celebrated the 5-year anniversary for our organization in such a beautiful way. The sisters of Zeta Epsilon Pi coordinated a lovely Founder's Day celebration with great food and lovely fellowship at a great location. Many thanks to the Sorors who planned and executed the 2023 Founder's Day celebration. Thank you!

As we look forward, the sisters of ZEN are on a mission of creating wealth, improving our physical health and cultivating improved family relationships. We are climbing new heights (literally and figuratively), challenging each other to exercise more, and increasing our collective financial wealth all while supporting one another. We are waiting for you to join us so, **come on over to the Fuchsia side!** You'll be happy you did!

Madame President Smith



## Reminders:

May is:

- American Stroke Month
- Mental Health Awareness Month
- High Blood Pressure Educations Month
- Lupus Awareness Month

Please make time for self-care this month.

## May Community Service-

- The Table on Delk- 5/20

## Important Dates-

- May 1 Mental Health Awareness
- May 5 Cinco De Mayo
- May 14 Mother's Day
- May 29 Memorial Day

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## Birthdays and Anniversaries

### Happy Anniversary

May 5- Sis. Pamela Jones and Bro. Douglas Jones  
May 12- Sis Kiba Armstead and Bro. Willard Armstead  
May 26- Sis Pamela Adams and Bro. Donald Adams

### Happy Birthday

May 5- Sis Angela Dixon  
May 11- Sis Quante Hopkins  
May 11- Sis Kiba Armstead  
May 22- Sis Rhonda Dixon





If you are interested in serving your community, consider joining the ladies of Zeta Epsilon Pi Military Wives Incorporated. Please contact the Director of Intake, Soror Johnson at [zenpower57@gmail.com](mailto:zenpower57@gmail.com) or 678-870--4013

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## Quote of the Month

*“Don't settle for average. Bring your best to the moment. Then, whether it fails or succeeds, at least you know you gave all you had.” —Angela Bassett*

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## Member Spotlight:



This month we highlight Soror Guzei. Soror Guzei is the Ace of her line: **B.L.A.Z.E.** Soror Guzei is from Charleston, SC. Soror Guzei has been married to her husband Dino, for three years. Soror Guzei is motivated by God and her family. Soror Guzei joined ZEN for sisterhood, community service and like-minded women coming together to serve a purpose.

### **Veterans Outreach-**

Our military veterans are facing unprecedented challenges as a result of their service to our nation. Their dedication in protecting our freedoms, going undeterred into hostile environments, cannot be overlooked, especially upon returning home. <https://combatwounded.org/goals-and-achievements/veteran-facts/>

## April Community Service Review “Ebenezer Baptist Church, Restoring One’s Hope of Atlanta, INC: Feed the Hungry”

On April 29, 2023 the ladies of Zeta Epsilon Pi, were able assist Ebenezer Baptist Church, Restoring One’s Hope of Atlanta, INC: Feed the Hungry by preparing and packing over 200 meals for the less fortunate.

